



Logbook for coaches

Co-funded by the
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Developed with the **best partners**





PYSO

*Preventing Youth
Sport Dropouts*



PYSD is an European project aiming at encouraging social inclusion and equal opportunities in sport, fighting the early abandons of sport activities by the teenagers.

This is a logbook where a coach can sign and take notes about his experience in fighting dropout using the suggestions and guidelines coming from the PYSD manual.

The PYSD manual can be downloaded here:

<https://www.pysd.eu/results/>



Actions

Sign here the actions you want to carry on in terms of commitment:

Commitment: Maintaining your athletic relationship oriented to the future (cognitive aspect)

Closeness: Feeling emotionally close in the coach-athlete relationship (affective aspect)

Complementarity: Establishing interactions, especially during training (behavioral aspect)

COMMITMENT	ACTIONS
	1.
	2.
	3.
	4.
	5.
	6.
	7.
	8.
	9.
	10.

CLOSENESS	ACTIONS
	1.
	2.
	3.
	4.
	5.
	6.
	7.
	8.
	9.
	10.

COMPLEMENTARITY	ACTIONS
	1.
	2.
	3.
	4.
	5.
	6.
	7.
	8.
	9.
	10.



Notes & comments



Write here your comments about the testing experience



Learn more about PYSO Project!
www.pysd.eu

Contact us if you need a technical support:
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